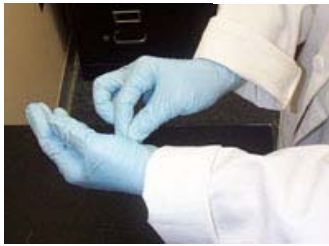




Standard Practices for Laboratory Glove Removal

- Remove gloves before leaving the laboratory and entering common use spaces such as elevators or corridors outside your laboratory.
- Remove gloves before using the telephone or touching other common use surfaces in your laboratory.
- Use the one glove method or an appropriate secondary container, when transporting materials through common use areas.
- If leaving for a break, lunch or for the day, remove gloves and wash hands.
- Follow instructions below for safe removal of contaminated gloves

Instructions for the safe removal of contaminated gloves



Pull one glove near your wrist towards your finger tips until the glove folds over.



Carefully grab the fold and pull towards your finger tips. As you pull you are turning the inside of the glove outwards.



Pull the fold until the glove is almost off.



To avoid contamination of your environment, continue to hold the removed glove. Completely remove your hand from the glove.



Slide your finger from you glove free hand under the remaining glove. Continue to slide your finger towards your finger tips until almost half of your finger is under the glove.



Turn you finger 180 degrees and pull the glove outwards and towards your finger tips. As you do this, the first glove will be encased in the second glove. The inside of the second glove will also be turned outwards.



Grab the gloves firmly, by the uncontaminated surface (the side that was originally touching your hand). Release your grasp of the first glove you removed. Pull your second hand free from its glove. Dispose of the gloves properly.